



# SAFEGUARDING ONLINE ABUSE

## *What is online abuse?*

Online abuse is any type of abuse that happens on the web, whether through social networks, playing online games or using mobile phones. Young people may experience cyber-bullying, grooming, sexual abuse, sexual exploitation or emotional abuse.

Young people can be at risk from people they know, as well as from strangers. Online abuse may be part of abuse that is taking place in the real world (for example bullying or grooming). Or it may be that the abuse only happens online (for example persuading young person to take part in sexual activity online). Young people can feel like there is no escape from online abuse – abusers can contact them at any time of the day or night, the abuse can come into safe places like their bedrooms, and images and videos can be stored and shared with other people.

## *How to get help*

Speak to any member of staff or email your concerns to the college's Safeguarding Team at [safeguarding@grimsby.ac.uk](mailto:safeguarding@grimsby.ac.uk)

## *Other support*

nspcc.org.uk - **0808 800 5000**

ChildLine - **0800 1111 (24 hours)**

*We're here to help you*  
[safeguarding@grimsby.ac.uk](mailto:safeguarding@grimsby.ac.uk)  
07920 860241