

# SAFEGUARDING RAPE & SEXUAL ASSAULT



## *What is rape?*

Rape is a form of non-consensual sexual violence involving penetration.

## *What is sexual assault?*

Assault is a form of sexual violence involving non-consensual sexual touching.

## *How to get help*

Speak to any member of staff or email your concerns to the college's Safeguarding Team at [safeguarding@grimsby.ac.uk](mailto:safeguarding@grimsby.ac.uk)

## *Other support*

nspcc.org.uk - 0808 800 5000

ChildLine - 0800 1111 (24 hours)

*We're here to help you*  
[safeguarding@grimsby.ac.uk](mailto:safeguarding@grimsby.ac.uk)  
07920 860241