

SAFEGUARDING EMOTIONAL ABUSE



What is emotional abuse?

Emotional abuse is the ongoing emotional maltreatment or emotional neglect of a young person. It's sometimes called psychological abuse and can seriously damage a young person's emotional health and development.

Emotional abuse can involve deliberately trying to scare or humiliate a young person or isolating or ignoring them.

Young people who are emotionally abused are usually suffering another type of abuse or neglect at the same time – but this isn't always the case.

How to get help

Speak to any member of staff or email your concerns to the college's Safeguarding Team at safeguarding@scarboroughTEC.ac.uk

Other support

nspcc.org.uk - 0808 800 5000

ChildLine - 0800 1111 (24 hours)

We're here to help you

safeguarding@scarboroughTEC.ac.uk

07795 612116

