

# SAFEGUARDING STALKING

### What is stalking?

This is a pattern of abusive behaviour designed to incite fear and curtail freedom, such as watching or monitoring someone or forcing contact with them through any means (including social media).

Young women can be particularly at risk of stalking as college and social media can provide a backdrop of monitoring and surveillance which others can easily abuse.

### How to get help:

Speak to any member of staff or email your concerns to the college's Safeguarding Team at **safeguarding@scarboroughTEC.ac.uk** 

### Other support:

nspcc.org.uk - **0808 800 5000** 

ChildLine - 0800 1111 (24 hours)

## We're here to help you

safeguarding@scarboroughTEC.ac.uk 07795 612116

